

IDEAS FOR PARTICIPATING IN PRAY FOR DOBBS



Feel free to use or adapt from these ideas now through the announcement of the decision, which is expected in June 2022.

INDIVIDUALS

- **Sign up for periodic updates** on www.prayfordobbs.com.
- Participate in the monthly national prayer calls, which focus on a different topic related to the case each month. Subscribe to the email updates for up-to-date information on accessing the monthly calls.
- Connect with the leader(s) of your church, ministry, or school, and **ask them to spread the word** about *Pray for Dobbs*. Let them know of the resources available at www.prayfordobbs.com/resources, and **ask how you can help**.
- **Choose a time during the day** (ex: 6 pm) to say a prayer for the case.
- **Fast once a week** (For example, skip a meal; limit yourself to two small meals that do not equal a third, regular meal; or abstain from food for a day.). Or, fast from something else, like your schedule, by offering an hour of your time to God in prayer, or fast from videos, television, or social media for a day.)
- Attendees of church could host **house prayer gatherings**.



COMMUNICATIONS

- Send out/post social media graphics (**provided**) to help people pray for the outcome of *Dobbs v. Jackson Women's Health Organization*. Encourage individuals to repost.
- **Feature the promotional graphics** on monitor displays and websites, and in newsletters and bulletins.
- Communications specialists/social media coordinators for ministries/churches can record **videos of pastors** speaking about the case and inviting people join *Pray for Dobbs*.
- Share a **weekly reminder** to pray for the case (on social media, at Sunday/midweek service or Mass, in newsletters, etc.). Encourage others to share the reminder.
- If your church posts weekly sermons to the Podcast app, you can make a snippet announcement to tag onto the beginning of the message. Encourage people to pray and sign up for updates at www.prayfordobbs.com.
- If your church provides **welcome cards** for congregants, consider including **#PrayforDobbs** and/or prayfordobbs.com on those.
- If your church has **an app**, use that to promote prayer gatherings, information on the case, Sunday teaching(s) on sanctity of life, etc.



LEADERS

- Preach on the importance of the *Dobbs* case (i.e. **#PrayforDobbs Sunday**), or make it a part of the weekly announcements. (**Sample announcements are provided** at www.prayfordobbs.com/resources.)
- If your church has **smaller ministries** (prayer, pro-life, men's, women's, young adults, etc.) take some time during those gatherings to **pray** for a just outcome to the case.
- Churches/organizations **collectively choose a time during the day (ex: 6 pm) to pray** for 10+ minutes about the case and **invite members to pray at that time**.

EVENTS

- Hold a **monthly prayer gathering**. (This could be for individual churches **or** one, large virtual gathering of multiple churches, and individual churches could sign up for **30-minute prayer slots**.)

